

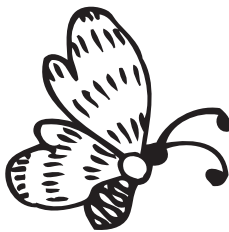
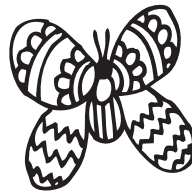
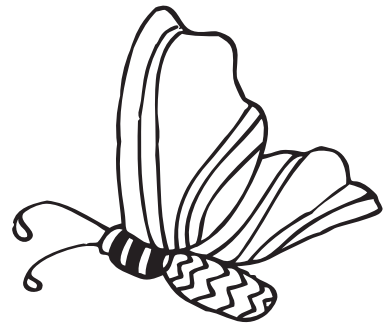
Acts of Kindness

"He has shown you, O mortal, what is good. And what does the Lord require of you?
To act justly and to love mercy and to walk humbly with your God."

MICAH 6:8 (NIV)

Have you ever heard of the butterfly effect? It refers to the belief that a butterfly can flap its wings in one part of the world and cause a typhoon in another! Our small acts of kindness are like the flapping of the butterfly's wings. We can make a bigger impact than we ever imagined when we take small steps to brighten the world for others! God has wired us so that we experience happiness when we do kind things for the people around us. There is an amazing ripple effect that takes place when we extend God's love to our world through our words, choices and actions.

Colour in the butterfly wings and jot down some acts of kindness you could do for the people around you this week.



"I will not change the world. Jesus will do that. I can, however, let him use me to change the world for one person."