

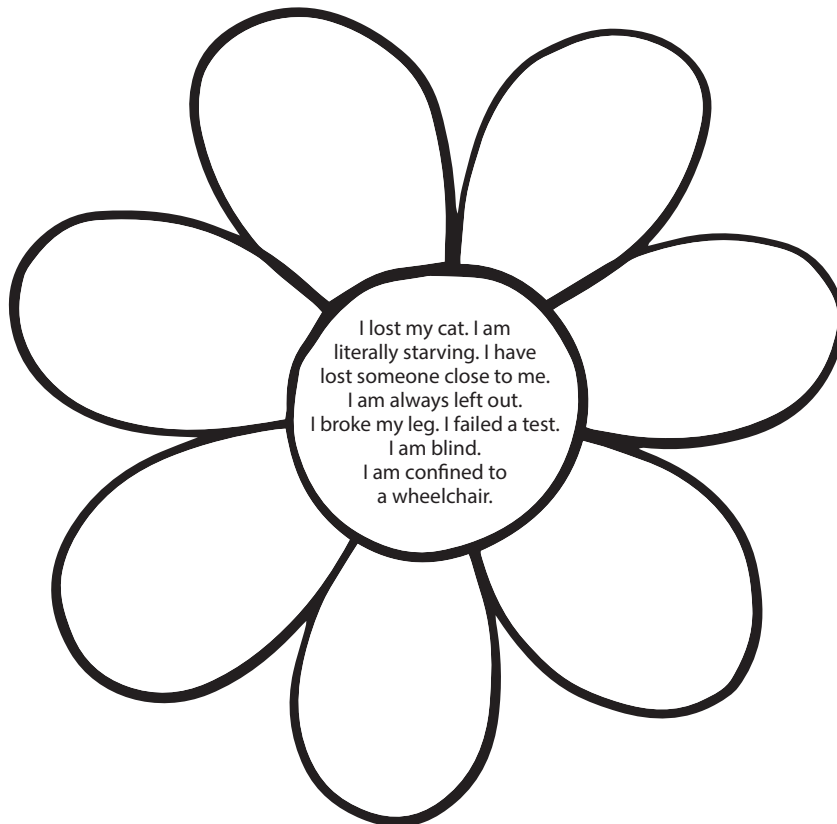
# Empathy and Your Brain

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

COLOSSIANS 3:12 (NIV)

We can become more caring like Jesus, by practicing empathy. Empathy is when we can understand how someone else is feeling. When we pay attention to the feelings of others, and we put ourselves in their shoes, our brains actually change and we grow our ability to show others the love of God. The more often we practice empathy, the more we are going to be able to make a difference in the world for others!

On the outside petals of the flower, describe how it might feel to experience what is written on the inside petals.



“There is no pit so deep that God’s love is not deeper still!”

CORRIE TEN BOOM