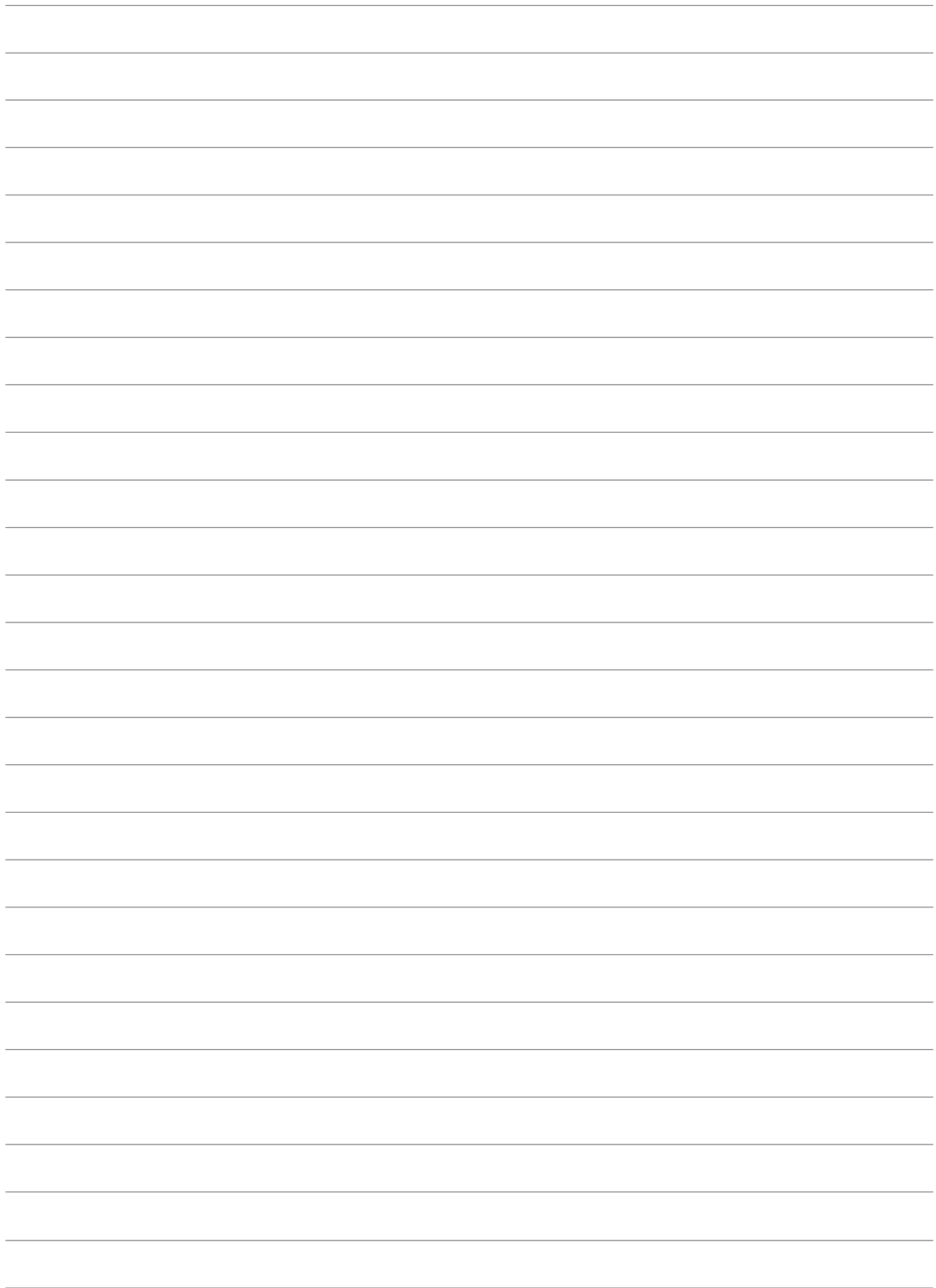


APPENDIX B

Gratitude Journal









"GOD IS IN CONTROL, AND THEREFORE IN EVERYTHING I CAN GIVE THANKS—
NOT BECAUSE OF THE SITUATION BUT BECAUSE OF THE ONE WHO DIRECTS AND RULES OVER IT."

KAY ARTHUR

Lined writing area consisting of 22 horizontal lines for text entry.

