APPENDIX B

Gratitude Fournal

"IT ALWAYS SEEMS IMPOSSIBLE UNTIL IT'S DONE."

NELSON MANDELA





"GOD HAS PROMISED TO SUPPLY ALL OUR NEEDS. WHAT WE DON'T HAVE NOW, WE DON'T NEED NOW."

ELIZABETH ELLIOT



"IT IS NOT HOW MUCH WE HAVE, BUT HOW MUCH WE ENJOY, THAT MAKES HAPPINESS."

CHARLES SPURGEON



"IF THERE WAS EVER A SECRET FOR UNLEASHING GOD'S POWERFUL PEACE IN A SITUATION, IT'S DEVELOPING A HEART OF TRUE THANKSGIVING."

LYSA TERKEURST



"GOD IS IN CONTROL, AND THEREFORE IN EVERYTHING I CAN GIVE THANKS— NOT BECAUSE OF THE SITUATION BUT BECAUSE OF THE ONE WHO DIRECTS AND RULES OVER IT."

KAY ARTHUR





"I HAVE HELD MANY THINGS IN MY HANDS, AND I HAVE LOST THEM ALL; BUT WHATEVER I HAVE PLACED IN GOD'S HANDS, THAT, I STILL POSSESS."

CORRIE TEN BOOM



"WHEN WE CHOOSE THANKFUL PRAYER OVER WALLOWING IN ANXIETY AND WORRY, WE ARE DEMONSTRATING AN UNWAVERING TRUST IN GOD."

PRISCILLA SHIRER



"SING AND MAKE MUSIC FROM YOUR HEART TO THE LORD, ALWAYS GIVING THANKS TO GOD THE FATHER FOR EVERYTHING, IN THE NAME OF OUR LORD JESUS CHRIST."

EPHESIANS 5:19-20 NIV



"I WILL GIVE THANKS TO YOU, LORD, WITH ALL MY HEART; I WILL TELL OF ALL YOUR WONDERFUL DEEDS."

PSALM 9:1 NIV



"DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERY SITUATION, BY PRAYER AND PETITION, WITH THANKSGIVING, PRESENT YOUR REQUESTS TO GOD."

PHILIPPIANS 4:6 NIV

