

Your Mentorship

The Mentorship Process

What is mentorship?

“Above all else, love each other deeply...”

– 1 Peter 4:8 NIV

“As iron sharpens iron, so one friend sharpens another.”

– Proverbs 27:17 NLT

“Mentoring is a relational experience in which one person empowers another by sharing God-given resources.”

– Paul Stanley & J.R. Clinton

Mentoring is composed of conversation, encouragement, instruction, advice and accountability. Mentoring is related to the Biblical notions of discipling, nurturing, training and equipping.

Mentorship is love in action.

The Mentor

- Is willing to volunteer time and energy to invest in the mentorship relationship
- Sets clear goals
- Gives and receives appropriate feedback

The Mentee

- Is teachable and open to learn new things
- Is willing to work towards positive change in their own lives

The Mentorship Process

1. Establish Goals – Write out holistic goals (relationships, work, spiritual aliveness, physical health, mental health and financial)
2. Move Forward – Meet regularly
3. Reflect – Read the Bible, pray together and talk about growth

Are you currently being mentored by someone? Why? Why not?