

Your Personal Reflections

Your Yearly Reflection

Do you feel God has given you a theme for this year?
If not, pray and ask God to reveal a word to you. Ask yourself:

What are words you would use to describe your current life? If a current theme is busy, perhaps a word for a theme would be balance. If a current feeling is that you are unmotivated, a word for your year might be desire.

Your Personal Theme:

“If we would only give the same amount of reflection to what we want out of life that we give to the question of what to do with two weeks’ vacation, we would be startled at our false standards and the aimless procession of our busy days.”

- Dorothy Canfield Fisher

Your Quarterly Reflection

As you reflect on your life, answer the following questions to help you gain clarity about how God wants you to be spending your time:

1. Describe your current life situation. Single? Married? Care-giver? Student? Working? Saving money?
2. What transitions might be coming for you in the next few months?
3. What are you doing that is not serving you well?

4. What is very important for you to focus on in life right now?

5. What would you like to change?

6. What important events are coming up?

7. What are the areas of my life that need extra attention to move toward flourishing? In what order would I prioritize these areas? (relationships, work, spiritual aliveness, physical health, mental health, financial)

*“Let us endeavor so to live that when we come to die
even the undertaker will be sorry.”*

– Mark Twain

Date: _____